

**Doctor's Choice Panel**

**FASTING**

**Our price : 210.00**

**Retail price: 1,188.00**

- |   |                            |
|---|----------------------------|
| • ABO w/Rh                                    | • LDH                      |
| • Bilirubin, direct                           | • Leptin                   |
| • CBC, 5 part differential and platelet count | • Lipid panel              |
| • CMP   | • Magnesium                |
| • CRP, High sensitivity                       | • Phosphorus               |
| • Ferritin                                    | • Sedimentation Rate       |
| • GGT   | • Thyroid profile with TSH |
| • Hemoglobin A <sub>1c</sub>                  | • Uric Acid                |
| • Homocysteine                                | • Urinalysis               |
| • Iron/TIBC                                   | • Vitamin D                |

**Doctor's Wellness Panel**

**FASTING**

**Our price: 142.00**

**Retail Price: 758.00**

- |   |                            |
|---|----------------------------|
| • ABO w/ Rh                             | • Lipid Panel              |
| • Biliruben, Direct                     | • Magnesium                |
| • CBC, 5 part differential and platelet | • Phosphorus               |
| • CMP—14                                | • Sedimentation Rate       |
| • CRP, High Sensitivity                 | • Thyroid Profile with TSH |
| • Ferritin                              | • Uric Acid                |
| • GGT                                   | • Urinalysis               |
| • Hemoglobin A <sub>1c</sub>            |                            |
| • Iron/TIBC                             |                            |
| • LDH                                   |                            |

## Doctor's Multi-Chem Panel

**FASTING**

**Our Price: 122.00**

**Retail Price: 648.00**

- CBC, 5 part differential and platelet count
- Ferritin
- CMP - 14
- GGT
- Hemoglobin A<sub>1c</sub>
- Iron/TIBC
- LDH
- Lipid Panel
- Magnesium
- Phosphorus
- Sedimentation Rate
- Thyroid Panel with TSH
- Uric Acid
- Urinalysis

## Doctor's Opti-Chem Panel

**FASTING**

**Our price: 101.00**

**Retail Price: 466.00**

- CBC, 5 part differential and platelet count
- CMP- 14
- GGT
- Iron/TIBC
- Lipid Panel
- Magnesium
- Phosphorus
- Thyroid Panel with TSH
- Uric Acid
- Urinalysis

### Doctor's Basic Panel

### FASTING

Our Price: 91.00

Retail Price: 344.00

- CBC, 5 part differential and platelet count
- CMP - 14
- Lipid Panel
- Magnesium
- Thyroid Profile with TSH
- Urinalysis

### Dr. Jack Kessinger Panel

### FASTING

Our Price: 100.00

Retail Price: 420.00

- CBC, 5 part differential and platelet count
- CMP-14
- Lipid Panel
- Magnesium
- Thyroid Profile with TSH
- Uric Acid
- Phosphorus
- Iron
- Ferritin
- CRP, Quantitative

### Doctor's Thyroid Panel

Our Price: 74.00

Retail Price: 742.00

- TSH
- Thyroxine
- T3 Uptake
- Free T3
- Free T4
- Reverse T3
- Thyroid Antithyroglobulin
- Thyroid Peroxidase Antibody



### Female Hormone Panel

**Our Price: 189.00**

**Retail Price: 1001.00**

- DHEA
- Estradiol
- Estrogens
- Sex Hormone Binding Globulin
- FSH
- LH
- Pregnenolone
- Progesterone
- Prolactin

### Male Hormone Panel

**Our Price: 169.00**

**Retail Price: 1001.00**

- DHEA
- Estrogens, Total
- Testosterone
- Sex Hormone Binding
- FSH
- LH
- Pregnenolone
- Progesterone
- Prolactin

### Bone Marker Panel

**Our Price: 130.00**

**Retail Price: 790.00**

- N-Telopeptide, urine
- Vitamin D
- CMP-14
- Phosphorus
- CRP, Quantitative
- DHEA
- Progesterone
- Cortisol AM/PM

### Food Allergies

Many people think of allergies exclusively in terms of airborne allergens such as pollen, dust, and molds. However, immune reactions can result from the different types of food sensitivities you may possess. The most common foods causing allergic reactions are peanuts, soy, wheat, shellfish, fish, milk, eggs and tree nuts.

Currently there is no cure for food allergies. Once identified, we recommend eliminating those problematic foods from your diet.

Food allergies are divided into two major categories: immediate and delayed. When an immediate food reaction occurs, sufferers experience symptoms within hours of having ingested the food. Symptom onset is rapid and may include tingling of extremities, wheezing, coughing, tightening of the throat, nausea, abdominal cramps, and diarrhea. Sometimes in cases where nuts, shellfish, fish, and peanuts have been eaten anaphylaxis can occur.

Immediate food reaction is a fixed food allergy. The food to which you are allergic will almost always provoke an immune reaction when ingested. In immediate reactions the body over produces what is called Immunoglobulin E antibodies, (IgE).

**Delayed food sensitivities** can take up to three days to appear. This type of reaction is IgG and IgA mediated. Unlike immediate food reaction, delayed food reaction is not a fixed food allergy. It is cyclical in nature. For example, you may be IgG or IgA sensitive to milk.

If you were to increase your intake and/or frequency of milk consumption, it is at this point that symptoms would likely appear. (IgG is primarily produced in response to allergens in the blood while IgA is produced in response to allergens primarily in the GI tract and other mucous membranes. Therefore, it is recommended that you test for both IgG & IgA since you are testing different areas of the body and different aspects of the immune system.)

From this explanation you may say this seems self-evident. Why bother to test for food sensitivity? Due to the fact that delayed food reaction symptoms can appear up to three days after the food is eaten, some patients remain unaware of the foods to which they are sensitive. Some people may be ill and have no idea that their symptoms are allergy related.

### Member Pricing

- |   |        |
|---|--------|
| • 94 Foods, IgG                         | 129.00 |
| • 94 Foods, IgG & IgA                   | 194.00 |
| • 164 Foods, IgG                        | 187.00 |
| • 164 Foods, IgG & IgA                  | 315.00 |
| • 164 Foods, IgG & IgA w/ Rotation Diet | 390.00 |
| • 25 Foods, IgE                         | 200.00 |