

eWellness Questionnaire

Helping you one question at a time!

RASH / WARTS / SKIN CONDITIONS

Name: First Name MI Last Name	Date of Birth:
	Patient Code:

Please do not select anything if the answer is no or negative.
Select Rarely 'R' if this is an uncommon event or symptom.
Select Frequent 'F' if this is a common event or symptom.
Select Always 'A' if this is a persistent event or symptom. Also select 'A' for Yes

At first glance there may seem to be a lot of questions. But each of these questions were selected because of their direct or indirect relation to the symptoms mentioned.

Section 1

- 1. R F A Consume breads / pastas / starches
- 2. R F A Yeast / Fungal problems

- 3. R F A Unexplained weight loss
- 4. R F A Thinning of skin

Section 2

- 5. R F A Alcohol socially
- 6. R F A Alcohol use extensively
- 7. R F A Do you use street drugs
- 8. R F A Drink coffee / soda / ice tea
- 9. R F A Smoke or use tobacco
- 10. R F A Eat fast food
- 11. R F A Eat pre processed / packaged foods

- 12. R F A Consume sweets
- 13. R F A Drink cow's milk
- 14. R F A Consume white sugar
- 15. R F A Consume refined carbs
- 16. R F A Consume wheat or gluten
- 17. R F A Family or financial stressors

Section 3

- 18. R F A Rashes
- 19. R F A Rosacea
- 20. R F A Itchy or dry skin
- 21. R F A Oily skin

- 22. R F A Acne
- 23. R F A Eczema
- 24. R F A Psoriasis
- 25. R F A History of skin cancer

Section 4

- 26. R F A Watery eyes
- 27. R F A Itchy eyes

- 28. R F A Tooth cavities
- 29. R F A Runny nose / sneezing

Section 5

- 30. R F A Slow metabolism
- 31. R F A Overweight
- 32. R F A Diabetes
- 33. R F A Metabolic syndrome
- 34. R F A Thyroid problems
- 35. R F A Too much stress / tension
- 36. R F A Heat / cold intolerance

- 37. R F A Trouble with edema / swelling
- 38. R F A Early aging
- 39. R F A Trouble sweating
- 40. R F A Fatigued or tired
- 41. R F A Thyroid medication
- 42. R F A Diuretics

Section 6

- 43. R F A Vaginal dryness
- 44. R F A Athlete's Foot
- 45. R F A Fibrocystic breasts
- 46. R F A Pelvic pain or cramping

- 47. R F A Hot flashes / sweats
- 48. R F A Thinning hair or brittle hair
- 49. R F A Sexually transmitted diseases
- 50. R F A Hormone replacement

Section 7

- 51. R F A Heart medication

Section 8

- 52. R F A Poor circulation in your feet

- 53. R F A Bruise easily

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Section 9

- 54. R F A Indigestion or bloating
- 55. R F A Abdominal cramps or pain
- 56. R F A Irritable bowel syndrome
- 57. R F A Inflamed intestine - "Leaky gut"

- 58. R F A Dark black / tarry stools
- 59. R F A Blood streaked stools
- 60. R F A Constipation

Section 10

- 61. R F A Fibromyalgia
- 62. R F A Chronic fatigue syndrome

- 63. R F A Arthritis

Section 11

- 64. R F A Anti-depressants
- 65. R F A Pain medications

- 66. R F A Brain fog - lack of concentration

Section 12

- 67. R F A Anxiety / anxiousness

- 68. R F A Problems relaxing

Section 13

- 69. R F A Allergies

Section 14

- 70. R F A Sick more often
- 71. R F A Recently taken antibiotics

- 72. R F A Fever blisters or cold sores
- 73. R F A Warts

Section 15

- 74. R F A Cholesterol problems