



Gluten Free Almond Butter Cookies

$\frac{3}{4}$ cup of Almond Butter

$\frac{1}{2}$ cup of Butter

$\frac{3}{4}$ cup of Raw Honey

1 Tbsp of Molasses

$\frac{1}{3}$ cup of Monk Fruit Sweetener (stir in the molasses)

1 egg

1 Tbsp of Ground Flaxseed

1 tsp of Vanilla Extract

Measure first then sift together

2 cups of GF Flour

1 tsp of Baking Soda

$\frac{1}{2}$ tsp of Salt

Optional

$\frac{1}{2}$ cup of chocolate or white chocolate chips

Take the Health up a notch:

2 scoops of Nutri-West Pure Paleo Protein Powder

8 tablets of Nutri-West Ribose ATP Renew ground up

CHILL FOR AT LEAST 30 MINUTES

Preheat oven to 375 degrees F

Scoop out cookie dough and roll in monk fruit sweetener (optional) and place evenly on parchment-lined baking sheets.

Bake for 9 minutes

Located inside of Crossroads Wellness 2530 N. 8th St #203 Grand Junction, CO 81501

<https://drgocheesot.com> 970-549-4241